

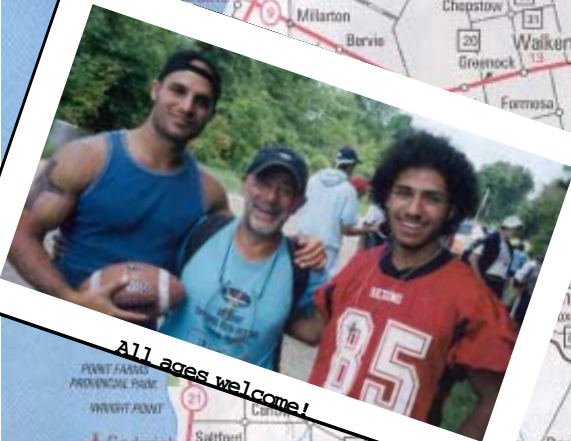
Walking Pilgrimage August 2-9, 2008



Friendships are forged along the journey



Bishop Ustrzycki Leading Pilgrims



All ages welcome!



Ignatius Jesuit Centre, Guelph to Martyr's Shrine, Midland

Frequently Asked Questions

Q. What are the dates of the pilgrimage?

Ans. Begins in Guelph on Saturday August 2nd and ends in Midland on Saturday August 9th.

Q. How far do we have to walk every day? How long does it take?

Ans: The distance from Guelph to Midland is 160 km. We walk eight days in total but the distance traveled varies from day to day. On most days the distance walked is 25 to 30 km... and we start walking at about 9:00 am and finish by 5:00 or 6:00 pm.

Q. How many people will be walking on the pilgrimage?

Ans: The maximum numbers of people we can accommodate this year is 100. In addition, there are other groups from Burlington, Hamilton, Cambridge, Stratford, Hanover, Georgetown, and Toronto that we will join along the way. In total, there will be several hundred that walk together into the Shrine at Midland on the last day.

Q. What will I have to carry?

Ans: Just personal items such as a water bottle, and other things you want handy (e.g. sunblock, toilet paper). Your other supplies will be carried on the support vehicle and/or truck.

Q. Where do we sleep?

Ans: In tents at "host" sites such as church yards, farmer's fields, retreat houses.

Q. Will we be walking on trails or roads?

Ans: A bit of both. We will walk many beautiful rail trails and lovely country side roads.

Q. What ages can participate?

Ans. All ages are invited. Children must be accompanied by a parent or guardian.

Q. Will I have to sign a waiver?

Ans. Yes, and youth under 18 need parental consent.

Q. Do you have to be Catholic to participate?

Ans. No, anyone seeking to nourish their spirituality is invited to come..

Q. What is the cost?

Ans: For the full eight day pilgrimage the cost is expected to be \$150, or \$20 per day.

Thanks to a special assistance program, the rates for students and youth the fee is \$75 for the eight days.

Q. What should I bring?

Ans. A tent, sleeping bag, camping chair and personal items. Bringing two pairs of shoes that are "broken in" gives your feet a break, by being able to alternate pairs from one day to the next or from morning to afternoon. Good quality socks (e.g. Cool Max® or smart wool®) can also help reduce blistering.

Q. Can I come for just a weekend or a day?

Ans. Yes! Especially for the first weekend, August 2nd and 3rd.



St. Ignatius of Loyola, pilgrim and founder of the Society of Jesus

**For more information,
to register or to find
out how you can help
please see our website:**

**[www.ignatiusguelph.ca/
pilgrimage.html](http://www.ignatiusguelph.ca/pilgrimage.html)**

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