

2010 Season Sign-up Information

(shares are provided on a first come, first served basis)

Name:

Address:

..... Postal Code:

Phone: (.....).....

Email:

May we contact you about farm events & news via email?
 Yes No

May we contact you about Ignatius Jesuit Centre events & news via email?
 Yes No

Would you like to learn about Volunteer Opportunities?
 Yes No

Please select the day you prefer to pick up your food at the Ignatius Farm Store:

Tuesday (3:30 pm – 7:00 pm)
 Friday (2:30 pm – 6:00 pm)

Summer Share Small \$225 \$.....
 Regular \$695 \$.....

Select your optional extras (described on reverse):

Prepackaged: Yes No
 Small (includes \$10 box deposit) \$100 \$.....
 Regular (includes \$15 box deposit) \$125 \$.....

Winter Share \$150 \$.....

Share sponsorship (your donation*) \$.....

Intern sponsorship (your donation*) \$.....

*tax receiptable if over \$20

Total \$.....

Please check one:

I have enclosed full payment
 I have enclosed post-dated cheques according to the schedule of payments.

Contact us about alternative payment plans and working share options. We will notify you by email of payments received and when CSA vegetable pickups begin.

Benefits of Being a Member of Ignatius Farm CSA

- Guaranteed 20 weeks of fresh, local, organic produce, including strawberries and apples
- Free cut-your-own flower and herb gardens, and extra u-pick areas of some vegetables
- Easy access by bus, bike or car
- Honey and apple products for sale at the pickup, as well as u-pick strawberries
- Free farm events and potlucks to tempt your taste buds, get your hands dirty, learn and share
- Hiking trails, a meditation labyrinth, gardens, fields and forests, all on over 600 acres of accessible farmland

Schedule of Payments

SUMMER SHARE	Small	Regular
Deposit	\$100	\$100
February 1	\$165	\$300
April 1	\$160	\$295
Total	\$425	\$695
WINTER SHARE		
October 1	n/a	\$150

Ignatius Farm CSA
 5420 Hwy 6 North, RR 5
 Guelph, ON N1H 6J2
 519-824-1250, ext. 245

csamembers@ignatiusguelph.ca
 www.ignatiusguelph.ca/csa



Certified Organic Local Fresh Vegetables



Ignatius Farm CSA

Community Shared
Agriculture at the Ignatius
Jesuit Centre of Guelph

Growing with Care at
a Place of Peace

5420 Highway 6 North, just north of
Woodlawn Road, Guelph

Come and know your local farm!
 www.ignatiusguelph.ca/csa



Ignatius Farm CSA invites you to become a member for the 2010 growing season!

What is Ignatius Farm CSA?

The Ignatius Farm CSA is located 4km from downtown Guelph at the 600-acre Ignatius Jesuit Centre of Guelph. We grow over 60 types of fresh, certified organic vegetables, strawberries and apples. As a member of the CSA, you come to the farm once per week for 20 weeks to pick up a share of our harvest from the middle of June to the end of October. It's a great time to visit the farm, talk to the farmers, and share recipes with other CSA members.

The CSA farmers are Heather Lekx and Donald Bowyer, and seven interns training in the Practice & Principles of Organic Agriculture. Our farmers love growing food and getting to know those who eat the fruits of their labours!



Our CSA practices organic agriculture, maintaining and enhancing the environment of the farm while growing healthy and safe food. CSA farms are a creative method to keep small farms viable. CSA farms celebrate community and sharing through food production.

What Does the CSA Provide?

We provide two sizes of shares. A regular share is designed to feed 2 vegetarians generously, or a family with small children. The small share provides a bit more than half of the regular share. Members share in the risks and bounty of our variable southern Ontario seasons. With 10 years experience as a CSA, the risks to members tend to be few and the bounty abundant! We will notify you when CSA vegetable pickups begin, which we hope will be June 15th and 18th. As the seasons change, the vegetables you receive will change too:

- **June:** strawberries, lettuce, broccoli, spinach, radish, green onions, Asian greens
- **July:** peas, garlic scapes, cucumbers, zucchini, beets, cabbage, lettuce, broccoli, green onions, mixed greens and fresh herbs
- **August:** beans, tomatoes, carrots, cucumber, beets, eggplant, squash, peppers, cabbage, mixed greens and fresh herbs
- **September:** tomatoes, melons, garlic, peppers, apples, carrots, cabbage, leeks, squash, mixed greens and fresh herbs
- **October/November:** potatoes, leeks, winter squash, carrots, beets, apples, onions, rutabaga, pumpkins, Brussels sprouts, mixed greens and herbs



We also offer Winter Shares!

In December and January, winter share members pick-up a share of storage crops: carrots, potatoes, onions, beets, parsnip, winter squash, leeks, and garlic.

Options	<p>Summer Shares</p> <p>Regular shares cost \$695 — less than \$35 per week!</p> <p>Small shares are also available for \$425 — less than \$22 per week!</p> <p>Summer share pickup choices are: Tuesdays (3:30 pm – 7:00 pm) or Fridays (2:30 pm – 6:00 pm)</p>
	<p>Prepackaged Shares</p> <p>Your summer share can be prepared and ready for pickup. A box deposit is included in the prepackage fee and is refundable upon return of box. Prepackaged fees are payable with share deposit.</p> <p>Winter Shares</p> <p>A share of storage crops are provided for 2 bulk pick-ups at the farm store on the 2nd Tuesday in December and January. The costs is \$150.</p>
Extras	<p>Share with the Community</p> <p>Each year we accept donations that enable us to provide shares to numerous service groups in Guelph. The amount donated determines how many shares we are able to provide. If you wish that more people could access fresh organic vegetables, please consider contributing*.</p>
	<p>Training New Farmers</p> <p>Every year we host a number of interns who train in the Practices and Principles of Organic Agriculture. In addition to hands-on learning in the fields, we also set aside time for field-trips and workshops on specific topics in organic agriculture. Intern expenses are over \$11,000 per intern. If you would like to help train the next generation of farmers, please consider contributing*.</p>
Share with Others	<p>*Donations over \$20 are tax-receiptable.</p>